



# TRANSITION CONFERENCE

February 25, 2019 • Woodbridge, NJ

*Partnership Sponsor:*



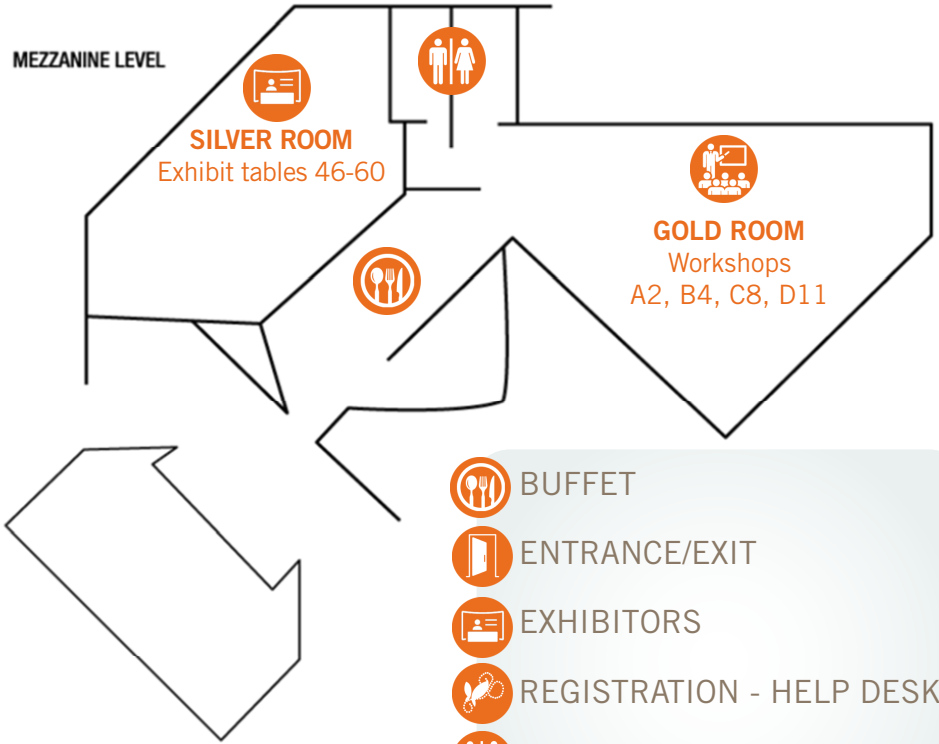
**Hinkle, Fingles, Prior & Fischer**  
*Attorneys at Law*



**Autism**<sup>TM</sup>  
NEW JERSEY

# Venue Map

## MEZZANINE LEVEL



## GROUND LEVEL



# 2019 Transition Conference Schedule

<b>Registration/Exhibits</b> .....	8:15am to 9:00am
<b>Keynote</b> .....	9:00am to 9:30am
<b>Exhibits</b> .....	9:30am to 10:00am
<b>Session A</b> .....	10:00am to 11:15am
<b>Lunch/Exhibits</b> .....	11:15am to 12:25pm
<b>Session B</b> .....	12:25pm to 1:40pm
<b>Session C</b> .....	1:50pm to 3:05pm
<b>Session D</b> .....	3:15pm to 4:30pm

Rooms A and BCD are the keynote ballroom.  
The Gold Room is upstairs.

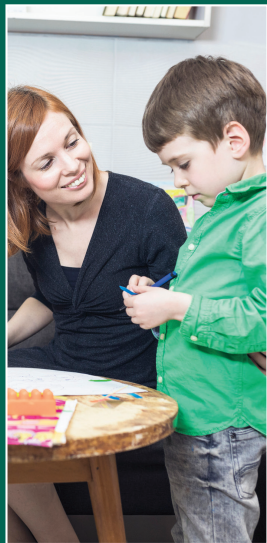
Lunch buffets will be in each of the 3 exhibit areas.

**Presenter Bios**.....[www.autismnj.org/transition/bios](http://www.autismnj.org/transition/bios)



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Devereux New Jersey positively impacts the lives of nearly 500 children, adolescents and adults with special needs – and their families – every year. We provide a continuum of care for individuals with emotional, behavioral and cognitive differences, including autism spectrum disorders, intellectual and developmental disabilities (I/DD), and medical challenges.

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**Keynote**.....9:00am to 9:30am

**What You Need to Know About Research on ASD in Adulthood •**

Room ABCD

Vanessa H. Bal, Ph.D., *Karmazin and Lillard Chair in Adult Autism,*  
*Rutgers Graduate School of Applied and Professional Psychology*

Dr. Bal will provide a brief overview of the state of science related to ASD in adulthood, with an emphasis on highlighting five areas that should guide current practices and future research.



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## **Session A** ..... 10:00am to 11:15am

### **1) Navigating the DDD Service System • Room BCD**

Nkechi Ugoji-Okoli, MSW, LSW and Tashia Fraser, MSW; *NJ Division of Developmental Disabilities Waiver Unit*

**Services Workshop Sponsor:** *Devereux New Jersey*

This workshop will provide an overview of the intake and eligibility process related to the Supports Program and the Community Care Program operated by DDD. Topics will include the relationship between Medicaid eligibility and program eligibility, Medicaid Waiver services available in each program, and a brief review of the support coordination agency selection process and the role of the support coordinator.

### **2) Community Housing with Supports • Gold Room**

Paul Prior, Esq. and Maria Fischer, Esq.; *Hinkle, Fingles, Prior & Fischer*

Recent national trends regarding service delivery for people with intellectual/developmental disabilities will have significant impacts on supportive housing. Statewide system changes are providing more options while placing more responsibilities upon the consumers making these decisions. The presenters will discuss how these trends will influence supportive housing in New Jersey. SHA's publication, *The Journey to Community Housing with Supports*, describes a variety of housing models and will be referenced. The presenters will discuss how innovative elements can be incorporated into affordable housing in a variety of residential settings and how individual budgets can utilize multiple sources such as NJ Medicaid Waivers, state plan services, housing assistance and mainstream resources to fund housing and supportive services.

### **3) Environmental Enrichment and Challenging Behaviors: How Making Life Better Keeps Challenging Behaviors from Getting Worse • Room A**

Beth Glasberg, Ph.D., BCBA-D and Deborah Silver, M.A., BCBA; *The Success Center*

Challenging behaviors among adults often result in restrictive placements that limit access to preferred items and activities as well as limiting the ability to contribute up to one's potential. However, this often serves the purpose of limiting risk rather than eliminating the problem behavior. In fact, as the individual has fewer options for appropriate behavior and consequently fewer reinforcement opportunities, the challenging behavior may actually worsen. This presentation will describe an alternative model of intervention focusing on environmental enrichment. By filling an individual's day with more preferred forms of stimulation, both through free access and through the opportunity to earn reinforcers through preferred or meaningful tasks, challenging behaviors may be reduced. With efficacy documented through both clinical practice and research, this strategy offers a safer and more positive approach to behavior reduction for individuals in need of more support and more independent individuals alike.



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## Threshold Program

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The Threshold Program at Lesley University is a two-year, campus-based transition program for students with diverse learning differences. Utilizing innovative curriculums based on the latest research and written by our faculty-experts, Threshold prepares students for the world of work and independent living. Our students gain career training, learn how to budget, pay bills, use transportation, and be engaged members of their community. And best of all—they make friends for life.



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[lesley.edu/threshold-program](https://lesley.edu/threshold-program)

**Lunch/Exhibits**.....11:15am to 12:25pm

*Buffets and exhibits are located in the upstairs and downstairs hallways and Sapphire Room.*

**Session B**.....12:25pm to 1:40pm

**4) Parenting Individuals with Severe Challenging Behavior • Gold Room**

Bobbie Gallagher, Ph.D., BCBA-D; Lisa McCauley Parles, Esq.; Steven Pelligrinelli; and Neng Wang, M.S.; *parents*

**Services Workshop Sponsor:** *Devereux New Jersey*

This session will be a panel of parents sharing their experiences. Their children range in age from teens to adults. Some live at home, and some are in residential placements. Parents will be discussing what it is like to manage their children's severe challenging behavior, interventions that worked and those that didn't, and their recommendations to improve the existing system of care.

**5) A Comprehensive Approach to Disability Planning: A Blueprint for the Long Term • Room BCD**

Elizabeth Shea, J.D., M.P.A.P. and Deirdre Wheatley-Liss, J.D.; *Porzio Bromberg & Newman*

Long-term planning is essential for individuals with special needs regardless of age or level of disability. This practical workshop will help families assess their current status and identify key areas where future planning is needed, along with sharing the steps they can take to be prepared for the future. Topics will include completing a self-assessment, accessing government services, guardianship, special needs trusts, employment, medical care, finding quality residential services, housing vouchers, in-home supports, and care coordination. Tips on navigating DDD's fee-for-service system will also be discussed by the former Assistant Commissioner. Professionals are welcome to bring the blueprint tools back to their clients.

**6) Self-Regulation & Problem-Solving: Critical Skills for Success • Room A**

Rebecca Schulman, Psy.D., BCBA-D, *Behavior Therapy Associates*

Individuals with ASD are commonly presented with situations where their ability to demonstrate emotional and behavioral control has significant consequences to the individual, peers, school, workplace, community, and family. The individual and those providing support need to be prepared with concrete strategies to quickly and effectively engage in problem-solving when things don't go as planned. Dr. Schulman will provide user-friendly, evidence-based strategies to foster self-regulation and problem-solving, including systematic steps from the POWER-Solving® curriculum (participants do not have to use this curriculum to benefit from this workshop). Participants will design their own "ready position" steps corresponding to challenging situations that someone with ASD may experience. student independence will be emphasized by discussing ways to introduce and fade supports, and to monitor progress.

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## Here's What Our Clients Are Saying:

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"Lisa and Denise are incredibly passionate about their work; together they make a powerful team. When they came into our lives, they gave us hope, inspiration and brought positive changes to our son and family. They fought for us and did not settle for anything less than what our child and family were entitled to."

### M.D. - Mother of Adult with Autism

"Words cannot explain how appreciative my husband and I are that we found Denise Rekem and Lisa Parles. Their insight and appreciation of our crisis situation got DDD to understand what we had been trying to communicate to DDD for more than 2 years. They were our voice and helped to get our son the residential placement he desperately needed."

### L.F. & J.F. - Parents of Adult with Autism

"The firm's professionalism, knowledge of the system and passion for the special needs population is unmatched."

### D.B. - Mother of Special Needs Child

"I got to where I needed to be and didn't even realize that's what our family needed. It's great when you can find people who not only know the law and the system, but will step away and take a look at the whole situation."

### N.H. - Mother of Child with Autism

"Lisa Parles is a phenomenal special education attorney. She was crucial in obtaining the appropriate education my child deserves."

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**7) Division of Vocational Rehabilitation Services • Room A**

Cheri Thompson, M.S., C.P.M., *NJ Division of Vocational Rehabilitation Services*

**Services Workshop Sponsor:** *Devereux New Jersey*

The NJ Division of Vocational Rehabilitation Services provides employment and training services to individuals with disabilities. An overview of transition services will be explained with emphasis placed on Title IV of the Workforce Innovation and Opportunity Act which details funding toward pre-employment transition services for students and youth with disabilities.

**8) Financial Planning and Guardianship for the Individual with Special Needs in Your Life • Gold Room**

Michael Ringel, CPA, RICP, CDFA, *Strategies for Wealth* and Ira Fingles, Esq., *Hinkle, Fingles, Prior & Fischer*

Special needs planning is a subset of estate planning. Estate planning may bring to mind families with great wealth, but that is not true. In the special needs planning context, it simply means organizing your estate, whatever its size, to meet the needs of the entire family as efficiently and economically as possible. The goal for families with a member requiring special consideration is the same: to provide a more certain future for the individual as well as the rest of the family. This can be done at any age, but it is for a child that we can most effectively plan because you have the benefit of time to get the right advice and to develop and implement the plan.

**9) The Transition to Adult Day Services: Preparation and Survival • Room BCD**

Jessica Fedezko, M.A., BCBA and John Barnard, M.Sc.Ed., BCBA,; *Bancroft*

As students with autism become adults, they transition into new settings with lessened supports and increased expectations. But how well are we preparing them for these new settings? This session will describe some of the settings where our young adults can expect to be working and learning. Important skills necessary to succeed in these new settings will be presented along with a review of ways we prepare individuals ages 15-21 for this experience. This will be a lively discussion group where we hope to share ideas and encourage brainstorming.



**Need some afternoon caffeine?**

Coffee and tea will be available from 1:30pm to 3:15pm in the ballroom hallway. You'll also find a market by the front desk and a vending machine upstairs by the elevator. Enjoy!



# GEORGE M. HOLLAND

Attorney at Law



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**OCTOBER 17 & 18, 2019**

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**Session D** .....3:15pm to 4:30pm

**10) Planning for a Successful Life After Graduation: Considerations for the IEP Team • Room BCD**

Bill Freeman, M.Ed., *NJ Department of Education, Office of Special Education*

Parents, students, educators, and other agency professionals all have a critical role in the development and implementation of effective IEPs that include transition planning, yet many may be unsure about what their specific role is and how to do it. Together, we will explore the combination of federal and state regulations and evidence-based practices that prepare students for a successful transition from school to adult life. Attendees should come prepared with their questions about the transition process as we will spend time discussing specific questions and practical strategies..

**11) Successfully Appealing Insurance Denials of ABA for Adults: How to “Get it Done!” • Gold Room**

Jodi Bouer, J.D., *Bouer Law* and Craig Domanski, Ph.D., BCBA-D, *The DATA Group*

An attorney and a behavior analyst will review state and federal laws and other strategies which parents and providers should use to prohibit health insurers from discriminatory denials of ABA therapy based on age. They will also address Medicaid’s requirement to cover ABA therapy for those under age 21. Participants will be provided with a list of typical denials and potential appeal responses, language to include in their medical documentation to support services after age 18, and research supporting the efficacy of ABA therapy for adults with ASD. This interactive discussion will provide real life strategies on how to use the research, along with the statutes and clinical documentation, to overcome arbitrary limits and denials. An outline of what an appeal should look like, sample appeal letters, and strategies to use in the appeal process will be provided.

**12) Strategies for Accessing Adult Healthcare Providers • Room A**

Shayleigh Dickson, MSN, APN, CPNP-AC and Pat O’Hanlon; *Children’s Specialized Hospital*

**Services Workshop Sponsor:** *Devereux New Jersey*

This workshop will focus on the transition from a pediatrician to an adult health care provider. It will be guided by The Autism Transition Tool® which was developed by the Autism Medical Home Transition Collaborative at Children’s Specialized Hospital to fill a gap in resources for families of youth with ASD. The tool, which is evidence-based, practical, and replicable, is designed for use by pediatric primary care practices to prepare their patients for this transition. An Advanced Practice Nurse will present on the current state of healthcare transition service, key elements of the transition process, and resources for providers. A parent of a young adult with special needs will share resources, tips for families, and her family’s transition story.



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**CAREERNEXT** is an academic and residential support program hosted by **SUNY Schenectady** designed for students with Autism and learning differences who need some guidance to succeed in a degree-seeking college environment.

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## 2019 Autism NJ Transition Conference

Children ages 14 to 21 who have autism face a critical time in their life. PerformCare, the contracted system administrator for the Children's System of Care, is pleased to be a part of this special event and partner with Autism NJ to provide children and their families with support and education.

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[www.greenwichautismalliance.org](http://www.greenwichautismalliance.org)

## Exhibitors

Be sure to visit these great resources in the Sapphire and Silver Rooms and downstairs hallway. **Exhibitors that appear in orange are Autism New Jersey Organization Members.** We appreciate their continued support! For more information on our exhibitors, visit [www.autismnj.org/transition/directory](http://www.autismnj.org/transition/directory).

<b>ORGANIZATION</b>	<b>#</b>	<b>WEBSITE</b>
<b>Alpine Learning Group</b>	37	<a href="http://www.alpinelearninggroup.org/autism-programs/transition-program.php">www.alpinelearninggroup.org/autism-programs/transition-program.php</a>
Anchor Behavioral Solutions	50	<a href="http://www.myanchor.org">www.myanchor.org</a>
Arc of NJ	48	<a href="http://www.arcnj.org">www.arcnj.org</a>
<b>Autism New Jersey</b>	1	<a href="http://www.autismnj.org">www.autismnj.org</a>
<b>Bancroft</b>	12	<a href="http://www.bancroft.org">www.bancroft.org</a>
Caldwell University	10	<a href="http://www.caldwell.edu">www.caldwell.edu</a>
Care Lync	31	<a href="http://www.care-lync.com">www.care-lync.com</a>
Catastrophic Illness in Children Relief Fund Commission	33	<a href="http://www.njcatastrophicfund.org">www.njcatastrophicfund.org</a>
College Internship Program - Berkshire	51	<a href="http://www.cipworldwide.org/cip-berkshire/berkshire-overview">www.cipworldwide.org/cip-berkshire/berkshire-overview</a>
<b>Community Access Unlimited</b>	27	<a href="http://www.caunj.org">www.caunj.org</a>
CORT	22	<a href="http://www.cort.com">www.cort.com</a>
<b>Deron School of NJ</b>	3	<a href="http://www.deronschool.org">www.deronschool.org</a>
<b>Devereux New Jersey</b>	26	<a href="http://www.devereuxnj.org">www.devereuxnj.org</a>
<b>Douglas Developmental Disabilities Center</b>	29	<a href="http://dddc.rutgers.edu">dddc.rutgers.edu</a>
<b>Enable</b>	17	<a href="http://www.enablenj.org">www.enablenj.org</a>
Essential for Living Curriculum	5	<a href="http://www.essentialforliving.com">www.essentialforliving.com</a>
Falcon Law Group	46	<a href="http://www.falconlawgroup.com">www.falconlawgroup.com</a>
Felician School for Exceptional Children	24	<a href="http://www.fsec.org">www.fsec.org</a>
Felician University	42	<a href="http://www.felician.edu">www.felician.edu</a>
Game-U	8	<a href="http://www.game-u.com">www.game-u.com</a>
Graham Behavior Services	30	<a href="http://www.grahambehaviorservices.com">www.grahambehaviorservices.com</a>
<b>Gramon Family of Schools</b>	13	<a href="http://www.gramonfamily.org">www.gramonfamily.org</a>
<b>Hinkle, Fingles, Prior &amp; Fischer</b>	25	<a href="http://www.hinkle1.com">www.hinkle1.com</a>
JESPY House	44	<a href="http://www.jespyhouse.org">www.jespyhouse.org</a>
Lesley University	49	<a href="http://www.lesley.edu/threshold">www.lesley.edu/threshold</a>
<b>Mt. Bethel Village</b>	40	<a href="http://www.mtbethelvillage.com">www.mtbethelvillage.com</a>
NJ Autism Center of Excellence	20	<a href="http://www.njace.us">www.njace.us</a>
NJ Council on Developmental Disabilities	35	<a href="http://www.njcdd.org">www.njcdd.org</a>

<b>ORGANIZATION</b>	<b>#</b>	<b>WEBSITE</b>
NJ Department of Education, Office of Special Education	18	<a href="http://www.state.nj.us/education/lrc">www.state.nj.us/education/lrc</a>
NJ Division of Child Protection & Permanency	36	<a href="http://www.nj.gov/njfofosteradopt">www.nj.gov/njfofosteradopt</a>
NJ Division of Developmental Disabilities	52	<a href="http://www.nj.gov/humanservices/ddd">www.nj.gov/humanservices/ddd</a>
NJ Division of Vocational Rehabilitation Services	4	<a href="http://lwd.dol.state.nj.us/labor">lwd.dol.state.nj.us/labor</a>
New Jersey Relay	9	<a href="http://www.njrelay.com">www.njrelay.com</a>
NYIT Vocational Independence Program	47	<a href="http://www.nyit.edu/vip">www.nyit.edu/vip</a>
Partnerships for People	54	<a href="http://www.partnershipsnj.org">www.partnershipsnj.org</a>
PerformCare	23	<a href="http://www.performcarenj.org">www.performcarenj.org</a>
Planned Lifetime Assistance Network/NJ	34	<a href="http://www.plannj.org">www.plannj.org</a>
<b>Primetime Center - RKS Associates</b>	6	<a href="http://www.primetimecenter.org">www.primetimecenter.org</a>
<b>REED Next</b>	19	<a href="http://www.reedfoundationforautism.org/reed-next">www.reedfoundationforautism.org/reed-next</a>
<b>RKS Associates</b>	7	<a href="http://www.rksassociates.com">www.rksassociates.com</a>
<b>Skylands Family Support Services</b>	16	<a href="http://www.skylandsfamilysupport.com">www.skylandsfamilysupport.com</a>
Special Care	21	<a href="http://www.donaldtbrown.com">www.donaldtbrown.com</a>
Special Kind of Improvisational Theater	45	<a href="http://www.skitprograms.com">www.skitprograms.com</a>
<b>Spectrum 360</b>	2	<a href="http://www.spectrum360.org">www.spectrum360.org</a>
Spectrum Care Management & Counseling	38	<a href="http://www.spectrumcmc.com">www.spectrumcmc.com</a>
Spectrum Works	15	<a href="http://www.spectrumworks.org">www.spectrumworks.org</a>
Summit Camp	11	<a href="http://www.summitcamp.com">www.summitcamp.com</a>
Talent Assessment, Inc.	28	<a href="http://www.talentassessment.com">www.talentassessment.com</a>
<b>The Center School</b>	41	<a href="http://www.thecenterschool.com">www.thecenterschool.com</a>
The Columbus Organization	55	<a href="http://www.columbusorg.com">www.columbusorg.com</a>
The DATA Group	14	<a href="http://www.thedatagroup.org">www.thedatagroup.org</a>
Thread Learning	43	<a href="http://www.threadlearning.com">www.threadlearning.com</a>
Vista Life Innovations	39	<a href="http://www.vistalifeinnovations.org">www.vistalifeinnovations.org</a>
Waters & Sims Employment Services	32	<a href="http://www.watersandsims.com">www.watersandsims.com</a>
Y.A.L.E. School	53	<a href="http://www.yaleschool.com">www.yaleschool.com</a>

*List as of 2/12/2019*

## Thank You to Our Sponsors

Thank you to the following for supporting the 2019 Autism New Jersey Transition Conference.



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*List as of 2/12/2019*

**Feedback Wanted** ..... [www.surveymonkey.com/r/TransConf2019](http://www.surveymonkey.com/r/TransConf2019)  
**We'd like to hear from you!**

Please provide your feedback of the 2019 Transition Conference online and enter to win \$25 Visa gift card.

Our goal is to incorporate your thoughtful input in future conference planning as much as we can. We hope you enjoyed today's event and that we'll see you for more transition information at the 37th Annual Conference!

*Printed evaluation forms are available at the registration desk.*





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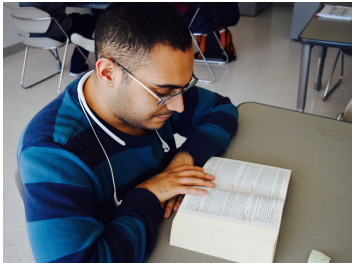
## Transition Services

**Academy360 Upper School Young Adult Program**, a full day program for students ages 18-21 supporting transition into adulthood.

**Independence360**, a comprehensive program for adults 22 and over with autism and related developmental disabilities. NJ DDD and Medicaid approved. NJ DVRS option also available.

**CulinaryAcademy360**, teaching culinary skills for independence and exploration of culinary arts as a vocation.

**FilmAcademy360**, a hands-on program teaching filmmaking, video editing, game creation and graphic arts.



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Spectrum360 serves children, adolescents, young adults and adults on the autism spectrum and with behavioral and related developmental disabilities. We help each person we serve to discover unique talents, develop self-worth, and maximize opportunities for independence, self-direction, citizenship, and community integration.

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